

Global Review of Human Taeniasis

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Received: Sept 3, 2022

Accepted: Oct 5, 2022

INTRODUCTION

Human taeniasis is zoonotic cestodal infection caused by worms from the Taeniidae family. Although the disease has widespread distribution, communities in the developing nations bear the most of its burden. Taeniidae family possesses three species that may infect people; *Taenia (T.) asiatica* (also known as the "Asian tapeworm"), *Taenia (T.) solium* ("pork tapeworm") and *Taenia (T.) saginata* (sometimes called "beef tapeworm") (Ito et al. 2004).

The adult tapeworm of these three species is exclusively found in the small intestine of humans. For *T. saginata*, cattle serve as the intermediate host, whereas pigs are the larval hosts for Asian tapeworm and pork tapeworm. Humans develop disease by eating *T. solium* eggs from their environment and act as aberrant intermediate host. Although pain in abdomen and loss of weight have been observed, human taeniasis is mostly asymptomatic (Garcia et al. 2003; Flisser et al. 2011; Tembo and Craig 2015), though carriers may experience some discomfort when they see segments in their feces, particularly of motile *T. saginata* (Garcia et al. 2003). Perforation in gall bladder, swelling of appendix, and bowel blockage are infrequent complications of intestinal taeniasis (Hakeem et al. 2012; Kulkarni et al. 2014; Atef and Emna 2015; Li et al. 2015).

Human health burden is caused by larval infection of swine cestode (*T. solium*). Ingestion of fertile eggs of *T. solium* causes an abnormal cyst formation in numerous regions of the body of human. Cysts most commonly appear in the subcutaneous tissue, muscles, ocular system, and brain. The formation of a single or multiple cysts within the central nervous system - often the brain - are responsible for inducing nervous signs (Garcia et al. 2014).

According to a study conducted in various regions of world in 2010, disease in humans produced by swine tapeworm was culpable for 503,000 disability-adjusted life years (DALYs) lost per year (Murray et al. 2012). This is certainly an understatement of the total burden, considering that NCC may be responsible for thirty percent epilepsy occurrences in the prevalent regions (Rajshekhkar et al. 2006; Ndimubanzi et al. 2010; Bruno et al. 2013). Swine tapeworm is also predicted to be the cause of 28,000 (95% CI 21,000-37,000) fatalities worldwide each year (Torgerson et al. 2015). Human taeniasis prevention and care are essential to control human cysticercosis, which will lead to decrease in epilepsy cases (Garcia et al. 2014).

Global Distribution

In the majority of North America, Australia, Europe, and New Zealand, *T. solium* has been successfully retained; although, disease transmission has been documented from some regions of Europe and North America (Sorvillo et al. 2011; Zammarchi et al. 2013; Devleeschauwer et al. 2017). Swine tapeworm is most prevalent in the developing nations, with the parasite endemic throughout African, and Asian countries, as well as in Latin America (Braae et al. 2015; Coral-Almeida et al. 2015). *T. saginata* is more widely distributed, including findings from Europe (Dorny and Praet 2007), New Zealand, Australia (Howell and Brown 2007), and other parts of the developing countries (Flisser et al. 2011).

Human taeniasis prevalence varies greatly across endemic countries, with a current meta-analysis indicating prevalence of 13.9% in Africa, 17.25% in Latin America, and 3% in Asia (Coral-Almeida et al., 2015). Prevalence of human taeniasis is low in USA, Canada and Australia, but the disease is re-emerging (Fig.1).

Diagnosis of Cases of Human Taeniasis

These estimates were made on the basis of a number of different diagnostic techniques. These have varying degrees of specificity (Sp) and sensitivity (Se) in the detection of taeniasis (Allan et al. 2003).

Adult *Taenia* carriers are traditionally diagnosed with the aid of microscope by observing ejected eggs in the feces. Despite the ease of this diagnostic procedure in resource-poor situations, a key disadvantage is the microscopy sensitivity, which is limited due to the irregular nature of released eggs. The reported sensitivity estimates vary from 3% (Allan et al. 1996) to 52% (Praet et al. 2013). Moreover, while microscopy has a high species specificity, speciation needs the examination of ejected proglottids, as *Taenia* eggs seem similar underneath the light microscope (Wilkins et al. 1999; Allan and Craig 2006).

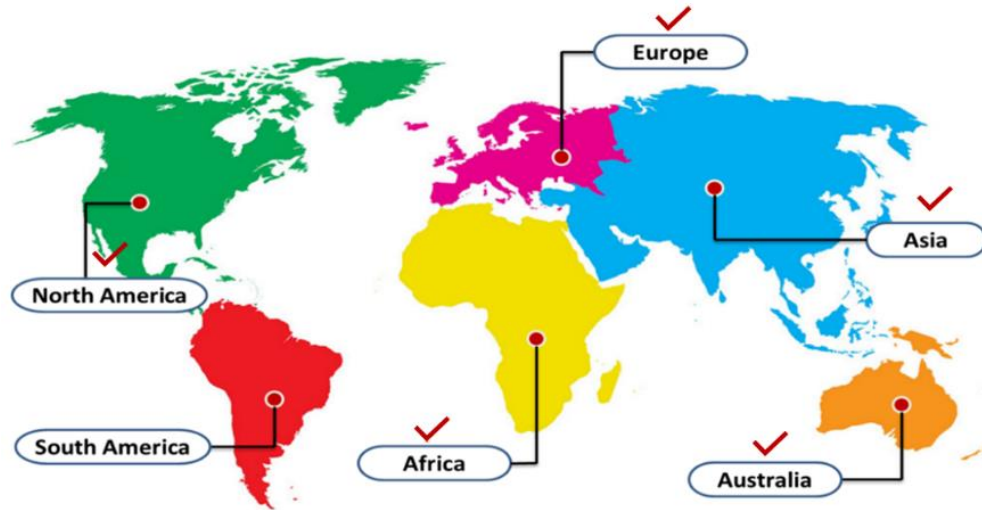


Fig. 1: Cosmopolitan distribution of human taeniasis

Fecal antigen (copro-Ag) detection is based on the identification of unique antigens in feces and, does not depend on active release of eggs or proglottids like microscopy to identify infection. It has now been effectively proved to diagnose *Taenia* spp. carriers in a range of settings. In a field experiment in Mexico, copro-Ag ELISA had a specificity/sensitivity (Sp/Se) of 99.0%/98.0%, whereas microscopy had a sensitivity of 38.0%, respectively (Allan et al. 1996).

One disadvantage of the presently offered fecal ELISAs is that they cannot distinguish between pork and beef tapeworms (Allan et al. 1996). Furthermore, cross-reactions with other gastrointestinal parasites such as, *Trichuris trichiura*, *Ascaris lumbricoides*, and some protozoa have been documented (Praet et al. 2013). DNA-based diagnostics have now been developed to provide species-specific diagnosis. A quick nested PCR test that used markers based on the reported *T. solium* oncospherical protein (Tso31) gene sequences exhibited 97%-100% sensitivity and 100% specificity, even under field settings (Mayta et al. 2008).

Given the fundamental challenges involved with diagnostic tests using faecal material, particularly in terms of health hazards and public acceptance, serological identification of mature *Taenia* carriers has a clear position. This was accomplished using an immunoblot technique for detecting antibodies against excretory and secretory antigens of swine tapeworm. When employed to test sera with confirmed infection status, including sera from beef tapeworm carriers and *Echinococcus* infected persons, the assay obtained a Se/Sp of 95%/100%, respectively (Wilkins et al. 1999).

However, use of local antigens limited the test's applicability outside the laboratory, and antigens have recently been generated in a baculo-virus system for application in different tests (Levine et al. 2004). rES33 and rES38 proteins are now being employed in an enzyme-linked immunoelectrotransfer blot (EITB) format in a

current eradication programme against cysticercosis in Peru, with both demonstrating great sensitivity of 97.0% and 98.0% (rES33) and specificity of 100% and 91.0% (rES38), in field testing (Levine et al. 2007).

Treatment of Human Taeniasis

Adult *Taenia* spp. infections respond to the common anthelmintic medicines including tribendimidine (200 mg one per-oral dosage) (Steinmann et al. 2008), niclosamide (2 g/person), praziquantel (5-10 mg/kg, single per-oral dose) (Pearson and Guerrant 1983; Pearson and Hewlett 1985) and albendazole (3400 mg/person for three successive days) (Steinmann et al. 2011). Three times dose of albendazole can completely cure *Taenia* spp. cases, while praziquantel and niclosamide had effectivity rates of 95% and 85%, respectively (Pawlowski et al. 2005).

Praziquantel and niclosamide are the most effective antiparasitic medications against *Taenia* infection, and praziquantel seems to be an economical option @ \$0.05-0.1 for a man/woman as a single dose (Engels et al. 2003). A few adverse outcomes of praziquantel have been reported, including stomach discomfort, laziness, and diarrhea (Raso et al. 2004); nevertheless, it is revealed that it may be due to potential of praziquantel to penetrate within brain, there may be nervous implication due to stimulation of undetected latent NCC (Flisser et al. 2003). In spite of the findings, no adverse outcomes were recorded in a research conducted in Tanzania in which school students were given the drug (praziquantel) in the region where schistosomiasis and cysticercosis were co-endemic (Braae et al. 2017). Albendazole therapy, which also crosses the blood brain barrier, may result in neurological adverse effects (Sotelo and Jung 1998); while niclosamide has low systemic penetration and hence has no impact on NCC (Pawlowski 2006).

Control Strategies of Human Taeniasis

Preventive chemotherapy refers to the taeniasis treatment to reduce the parasite load in a specified population and could be executed in three different ways. 1) Mass drug administration (MDA) is the treatment of entire population of a designated region at specified periods, regardless of physical state. 2) Targeted chemotherapy treats the specified risk group areas at specific intervals, whereas 3) selective chemotherapy examines persons and cures them based on their clinical state (Gabrielli et al. 2011). Many studies that have been conducted to examine the application of MDA for pork tapeworm (Keilbach et al. 1989; Diaz et al. 1991; Del Brutto et al. 1996; Allan et al. 1997; Sarti et al. 2000; Garcia et al. 2006; Wu et al. 2012; Ash et al. 2015). Most studies were found a decrease in taeniasis occurrence, while the impact on cysticercosis (human as well as porcine) were more diverse (Thomas 2015).

Data from modelling indicate that one-time MDA programmes rarely results in long-term suppression of *T. solium*, with fast reductions in frequency accompanied by a rapid recovery to earlier levels (Kyvsgaard et al. 2007). However, when MDA was used in conjunction with other techniques such as pig immunization and/or oxfendazole therapy, a persistent decline in porcine cysticercosis and human taeniasis was documented (Kyvsgaard et al. 2007; Assana et al. 2010; Okello et al. 2016).

Selective chemotherapy is considered as an important part of pork tapeworm control (Montresor and Palmer 2006; Pawlowski 2008; Penrith 2009), particularly with more health coverage (Sarti and Rajshekhar 2003) and with modeling data indicating that this treatment results in significant decrease in disease frequency (Kyvsgaard et al. 2007). Two trials in the field have been conducted till now that involve selective chemotherapy. Both of these trials were undertaken in combination with targeted MDA in school. A significant reduction in neurocysticercosis was observed in research conducted during eight-year interval (Medina et al. 2011). Another survey in Tanzania revealed more than 77% decrease in occurrence of *Taenia* infection within 22 months (Braae et al. 2017).

Vaccination against *T. solium* larval invasion in the swine host have been developed now, and two of them including SP3VAC and TSOL18, displaying great effectiveness in swines from both natural and experimental threats (Lightowlers 1999; Plancarte et al. 1999; Huerta et al. 2001; Gonzalez et al. 2005; Sciutto et al. 2007a; Sciutto et al. 2007b; Morales et al. 2008; Silva and Costa-Cruz 2010; Lightowlers 2010; Morales et al. 2011; Jayashi et al. 2012). One disadvantage of available vaccine choices is that none kills preexisting cysts; consequently, it is advised that swine vaccination must be administered in combination with oxfendazole at a dosage of 30.0 mg/kg to influence porcine cysticercosis illnesses established pre-immunization.

When employed in a field study in Cameroon, this combo of TSOL18 immunization and high therapeutic dose

of oxfendazole treatment provided full protection from infection (Assana et al. 2010). TSOL18 vaccine (Cysvax) has been marketed with cooperation from the University of Melbourne, GALVmed, Indian Immunologicals Limited, and commercial manufacturing has begun. Permission for its usage in India is now in process, with certification across Africa likely by 2020 (Thomas 2015). Cattle vaccination against *T. saginata* has some efficacy with the TSA9/TSA18 vaccine displaying excellent effectiveness in preventing cattle from infection (Rickard et al. 1981; Lightowlers et al. 1996; Lightowlers et al. 2000; Harrison et al. 2005). However, this vaccine is not presently explored on commercial scale since the existing clues do not reveal that it is financially feasible (Lightowlers 2006).

Anthelmintic therapy can be used to treat the larval form of *T. solium* and using oxfendazole (30 mg/kg) exhibits the highest effectiveness (Gonzales et al. 1996; Gonzalez et al. 1997; Gonzalez et al. 1998; Gonzalez et al. 2001; Sikasunge et al. 2008). Oxfendazole have no recorded negative effects (Gonzalez et al. 1998), and is now approved in several countries, and presently being manufactured particularly for pigs as Panthic 10% (Thomas 2015). Bovine cysticercosis responds to praziquantel (Thomas and Gönner 1978; Pawlowski et al. 1978; Harrison et al. 1984), and protection over re-infection seems to extend at least 3 months. Despite its effectiveness in bovines, praziquantel has still not been prepared for large ruminants.

Multi Host Intervention as One Health Approach

There are several ways to combat both beef and pork tapeworm using approaches that address human as well as animal hosts (WHO 2015). Pig vaccination along with MDA result in rapid and consistent reduction in prevalence of *Taenia* infection in humans as well as in pigs (Kyvsgaard et al. 2007).

Pigs were followed employing EITB strip diagnostic tests for 18 months (US Centers for Disease Control, Atlanta, GA, USA). The findings showed that living in a treated area after the interventions was an important measure against porcine cysticercosis (Garcia et al. 2006). Recently, The Bill & Melinda Gates Foundation funded a wide-scale experiment to eradicate pork tapeworm from a vast region of remote Peru. Human MDA (2 g nicolsamide, three rounds per year) is provided in conjunction with pig vaccination (TSOL18) and antiparasitic therapy effectively removed swine tapeworm from the pig host in (105/107) experimental rural areas and parasitic elimination persisted for one year post-treatment (Garcia et al. 2016).

Porcine vaccine (TSOL18) and antiparasitic therapy were recently paired with MDA programme of humans (triple albendazole dose 400 mg in two rounds) in Lao PDR, where an earlier quick decrease in human *Taenia* infection was persisted during the two years of research (Ash et al. 2015; Okello et al. 2016).

Conclusion

There are numerous critical elements of human taeniasis treatment and control, exploring significant potential and problems of existing therapeutic and diagnostic techniques. There is a need for further scaling-out of successful pilot control programs in order to assess their long-term impact and cost-effectiveness in good way, primarily in Asian and African countries. There is a dire need of integrating research findings into government policy and community-level action, allowing vulnerable communities throughout the globe to address the effects of taeniasis in a better way.

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